

# SUPREME SOFGRAINS™



The Quality & Service Are In Our Name

## Instantized Medium Grain Brown Rice

Brown rice is an excellent source of manganese, and a good source of the minerals selenium and magnesium. Brown rice contains antioxidants, anthocyanins, phytosterols, tocopherols, oryzanol and other nutrients that have been found to help reduce the risk of heart disease, certain cancers, type II diabetes and aid in weight maintenance.

Applications: Breads, Quick Cooking Meals, Nutrition Bars, Crackers

Analysis (Typical, Max)	
Ash	1.27%
Carbohydrates	76.17%
Fiber	3.4%
Moisture	12.37%
Fat	2.68%
Protein	7.5%

Microbiological	
Total Plate Count (Max)	1000/gram
Yeast & Mold (Max)	100/gram
Coliforms (per gram)	Negative
E. Coli (per gram)	Negative
Coagulase Pos. Staph (per gram)	Negative
Salmonella (per 25 gram)	Negative

Nutrient Content per 100 grams	
Calories (kcal)	362
Fat, g	2.68
Total Saturated, g	0.536
Unsaturated	
Mono, g	0.971
Poly, g	0.959
Fiber, total Dietary, g	3.40
Carbohydrate, by difference, g	76.17
Protein, g	7.50
Cholesterol, mg	0.00
Vitamin A, IU	0.00
Pantothenic acids, mg	1.493
Vitamin B-6, mg	0.509
Vitamin C, mg	0.00
Thiamin, mg	0.413
Niacin, mg	4.308
Riboflavin, mg	0.043
Folate, mcg	20.00
Iron, mg	1.80
Calcium, mg	33.00
Sodium, mg	4.00
Potassium, mg	268.00

**Packaging:** Fifty (50) pound multi-wall paper bags with polyethylene moisture barrier, Forty (40) bags per pallet

Pesticide Residue, Extraneous Matter to comply with Federal Regulations

Shelf Life: The Shelf life of this product when properly stored in a cool dry location is approximately 180 days

*The information contained herein is to the best of our knowledge correct. The typical data outlined and the statements herein are intended as a source of general information. No warranties, expressed or implied, are made. It is recommended that this product undergo laboratory evaluation prior to use in a finished product.*