



SUPREME SOFGRAINS™

Sofgrain Rice Preparation

Rice produced by Supreme Sofgrains™ is easy to prepare and presents a nice fluffy texture perfect to serve with gravy, meatballs, chicken and beans. Cooking time is less than half that of conventional rice, and can be done in a conventional pot. Specialty rice pots and rice cookers are not needed.

One cup of rice typically serves four people.

- ✓ Combine equal measures of rice and water to a saucepan, add one (1) teaspoon of butter and one quarter (¼) teaspoon of salt. Place on fire and bring to a boil
- ✓ Reduce heat to medium and cover for ten (10) minutes
- ✓ Remove from heat and let stand for two (2) minutes
- ✓ Uncover, stir and serve

Un-served rice can be refrigerated for up to a week to be reheated in a microwave and served later.

Cooked rice also freezes well. Place rice in air tight baggies, freeze and warm in microwave prior to serving.

When finished, clean up is quick and easy, as none of the rice sticks to the bottom of the pan.

